

Steven A. Johnson, M.D.

ADULT & PEDIATRIC UROLOGY

Steven A. Johnson, M.D.
Diplomate, American Board of Urology

Jason S. Squires, PA-C
Physician Assistant-Certified

Andrea Ruland, PA-C
Physician Assistant-Certified

CYSTOSCOPY

Please follow all of these instructions in preparation for your upcoming cystoscopy.

You do not need to follow any special dietary directions the night before or the morning of your cystoscopy.

You may receive a prescription for an antibiotic at the time of your cystoscopy. This must be taken as prescribed until all the medication is gone.

Do not exercise. Do not do any heavy lifting. Do not do any strenuous activity for 24 hours after your cystoscopy. You may resume your usual activity after that time.

You may experience burning, irritation or blood-tinged urination for 24 hours after your cystoscopy. This is normal and need not cause any alarm. Please increase your fluid intake (specifically, water) to help alleviate these symptoms.

If you experience a high-grade fever (101 degrees or higher), shaking, chills, or inability to urinate, contact your doctor immediately. The office number is:

903-957-1104

Billing: Steven A. Johnson, M.D. P.A will only handle the physician's fees for the procedure. Be aware that if a cytology, biopsy or bladder washing are taken, there will be an additional charge from the pathologist as well as the hospital where the specimen was sent.